

Bingeworthy

Intro: The difference between Bingeing a show & Watching a Show

-Golden age of TV:

-seinfeld. -friends. -WONDER YEARS. -ER

-Online folks,,, tells us in Comments,,,,, what are your examples of the Golden Age Tv

-in Person,,,,, shout it out

-Back then TV was different.

-a show started when it started and when it was over it was over

-if you missed it you just missed it.....

-a show played on a certain day and people talked about it at school and work the next day

-Netflix changed everything.

-now you watch an episode when you want,, and then just click next, and next

-Eventually the term “Binge-watching” caught on

-Now shows just go on and on without clicking.

-now you have to click to stop after just one.....

-Binge watching is fundamentally different than watching one episode.

-Content producers are now creating shows with the intention of them being binged.

-there are hidden gems

-subtle things planted in the show that you dont notice until seeing the same episode multiple times....

-There are many shows that I like better the second or third time through than I did the first time.

-My definition a Binge-worthy show: if watching it more results in liking it better= bingeworthy

-there are some shows that I have watched every episode more times than I can count,,, but I enjoy those shows MORE NOW than before.

Can a person could be Binge-worthy.

-What if there were people, who the more you knew of them, the more you appreciated them? Respected them,,, Admired them...

-I think it would make sense to call people like that Binge-worthy.

-There are people like this. I have known some.

-Ever since got to know my first binge-worthy person, it has been a goal of mine to try to be such a person myself.

-What if there were people that initially seemed great but increased familiarity knocks some of their shine off.

-I think there are many people that are really only admirable from a distance

-Illustration: 5 ft,,, 10 ft,,, 20 ft paint job

-We all know people like that.....

-There is a Father and Son Duo in the Old Testament who's stories illustrate this distinction.

-Jacob: -from a good family,,,,good looking,,,, wealthy,, church folk....

-he was smart,,,,, knew how to work hard,,,,,

-But Jacob had a terrible tendency: He would do whatever necessary to get what he wanted.

-lie to people he loved. -impersonate people

-set up elaborate scams to swindle people

-At first glance Jacob was impressive, but given enough time he would Deceive you, Disappoint you,,, even hurt you.

-His uncle initially thought Jacob WAS AMAZING,,,,,

-eventually he so distrusted Jacob he set up Physical Borders...

-Jacob had a Son named **Joseph:**

-Joseph was not respected by his brothers.... He was the kind of guy that sort of got dismissed by others....

-Eventually he was sold as a slave

-Even though he was just a Foreign Slave serving in the house of his master,,, Joseph had SUCH WISDOM,, INTEGRITY,, CHARACTER in all he did

-He got one promotion after another,,, until eventually he was second in command of the household (even though he was just a slave)

-He was lied about and sent to Prison,,, but the same thing happened there,,, he was so respected by any that knew him that he got promotion after promotion in the prison,,, Until he was second in command

-Eventually Joseph was second in command of all of Egypt. At every step, the more people knew about him the better they liked him.

-Joseph was binge-worthy.....

-How do we ensure that we are more like Joseph than Jacob?.....

-Proverbs 4:20-22 My son, pay attention to what I say; turn your ear to my words. 21 Do not let them out of your sight, keep them within your heart; 22 for they are life to those who find them and health to one's whole body.

-The speaker in this verse is Wisdom Personified

-Wisdom is telling us to BINGE on himself

-turn our ears to wise things

-turn our hearts to wise things

-dont let wisdom out of our sight

-So we should be constantly subjecting ourselves to the wisdom of God

-through our ears.... -through our eyes... -through our hearts.

-Rehearsing it in our hearts, minds.....

-In the same way that many of us binged on Tiger King, scripture is telling us to BINGE on GOD'S WISDOM

-to hungry from it,,, to be drawn to it,,, to be fixated on it

-The verse says that those who binge on wisdom are going to have good lives.

— somehow the quality of our external life is linked to whether we binge on the wisdom of God

-Proverbs 4:23 Above all else, guard your heart, for everything you do flows from it.

-Wisdom is telling us to be Deliberate about what finds its way into our hearts and minds.

-Our hearts are the Source Material for our Lives

According to scripture, the quality of our lives is more determined by what happens IN US than what happens TO US.

-Your life is not the sum total of:

-how your spouse treats you. -how your kids talk about you

-how good your family interacts

-how much money you have. -how attractive you are

-how good of a job you have

-the quality of your life is not even determined by the competency of your government!!!!

-According to the scriptures: *What is going on in here (chest) and what is going on in here (head) is HIGHLY DETERMINATIVE of all that takes place out here .*

-How good your work life is has more to do with conditions in your heart than in your office.

-same with your marriage. (in heart vs in home)

-same with your friendships

-same with any area of life

-We need to know *what is upstream in life, and what is downstream.*

-according to God everything is Downstream from your heart

-Good circumstances dont equal a healthy heart. A healthy heart equals good circumstances.

(hear that,,,,, cuz we dont necessarily live like that is true...)

-We so often try to fix things downstream and then wonder why we have to do it over and over and over,,, and nothing ever changes.

-Illustration :

-sunday school teacher taught a 2nd grade sunday school class

-she loved to teach,, she loved her kids

-she had unique but effective methods for teaching the kids

-this included a UNIQUE chair setup

-every week she would arrive and hurriedly change the chairs from rows to a circle

-every week she would be a little annoyed that she had to move the chairs over and over again for years

-one day a new student moved up into 2nd grade and it was the granddaughter of the church custodian,,, He arrived to drop off his grand daughter for class

-He saw the teacher sweating and moving chairs

-In that Instant His MIND put it all Together,,,,

-that is why the chairs had always been different on Monday morning when he cleaned up

-Without the teacher saying a word the Custodian understood,,,, his mind had been changed

-Now every week when the teacher showed up the chairs were exactly like she wanted

-She had spent years trying to deal with her problem through Downstream actions. But the real solution was Upstream.

-What happens at:

-at work. -in friendships. -in parenting. -in marriage

-financially

-All of these things are the downstream results of the upstream conditions of our heart.

A healthy, wise, and pure heart will ultimately produce the life you want.

-you cannot manage every area of your life at once.

-be like that Sunday school teacher trying to Reset All of the different classrooms every sunday morning

-but going to the source can quickly impact all classes right

-What does it look like to go to the source,,,,, to monitor our hearts?

- vs 20 tells us to Pay close attention to God's Wisdom, to turn our ear to it
 - move in the direction of wisdom
- vs 21 says "dont let words of wisdom out of your sight"
 - who has watched children that you cannot let out of your sight????*
 - actively pursue wisdom, like you would those kids,,, stalk it,,, eaves drop on it,,, chase it down,,, enlist reinforcements....
- use your Eyes, Ears, and Mental Meditation to keep God's wisdom at the center of our attention.

-What goes into our hearts determines what comes out through our lives.

-but verses 25&26 warn us that the things we do can either Reinforce or Undermine the condition of our heart

-Proverbs 4:20-27 My son, pay attention to what I say; turn your ear to my words 21 Do not let them out of your sight, keep them within your heart; 22 for they are life to those who find them and health to one's whole body. 23 Above all else, guard your heart, for everything you do flows from it. 24 Keep your mouth free of perversity; keep corrupt talk far from your lips. 25 Let your eyes look straight ahead; fix your gaze directly before you. 26 Give careful thought to the paths for your feet and be steadfast in all your ways. 27 Do not turn to the right or the left; keep your foot from evil.

Once we determine the content of our heart, then we protect it from outside contamination.

-People around you are going to speak with corrupt and contaminated words, attitudes, and patterns.

- there is going to be negativity all around you, dont be contaminated
 - dont join your words to theirs
- people around you are going to speak with words FULL OF ANGER,,, if. You allow that to contaminate your speech and ultimately your heart,,, its going to poison areas fo your life
- there is going to Filthy, Inappropriate talk that will cheapen your words,,,,, dont be contaminated,,,,, dont join your words to those

-When it tells us "look straight ahead" it means we need to be mindful of where we are going in life, and what we are trying to accomplish.

-those who walk aimlessly are inadvertently pulled into Corrupted paths

-On a fundamental level all that is out *here* flows from what is in *here*.

-but then through our ongoing choices,,, through our continued thoughts,,, through our words,, our conversations,,,,,

-we are either Reinforcing or Reversing what is in our hearts.

-The individual actions and choices are not what is really at issue. But individual choices over time impact our hearts.

-either reinforces a wise and pure heart ,, that has a good downstream effect

-or our choices reverse the downstream effect of a wise and pure heart

Do you want to be a Binge-Worthy Person? God wants you to be.

-Jesus died to produce a heart in you that would spring up in a life that would be more and more attractive to people, the closer they got to you.

-That starts with Faith in Jesus.

-But then it goes on to making the the Thoughts of Jesus, our thoughts. Making the heart and motives of Jesus need to be our own.

-As that process happens our Hearts become Content Producers for a life that is truly Binge-worthy.