

Welcome
to



GraceUnion
CHURCH

Encountering Grace through Jesus, right where we are.
Being moved by Grace toward all God has for us.

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WELCOME TO GRACE UNION

Thank you for joining us today! If it's your first time with us, please stop by the Connect Center in the lobby for a free gift. We'd love to meet you.

GU News & Events

YOUTH CAMP INFORMATION

All GU Students going to camp need to meet in the side parking lot **tomorrow at 7:30 a.m.**



If you would like to learn more about the core beliefs of GU and what membership means, please stay with us after service TODAY in the Ministry Hub. You aren't committing to anything by attending, but will have the opportunity.



Celebrate with us on Father's Day! We'll have axe throwing in the parking lot before & after service and the annual DADLYMPICS with exciting, new games!



All men are invited to breakfast at Golden Corral, Saturday June 22nd at 8 a.m. Come out and enjoy good food and fellowship with other GUC men.

A large graphic with a white background and a red, torn-edge horizontal band across the middle. The text "Goliath" is in a large, black, serif font at the top. "Must" is in a white, italicized, serif font on the red band. "Fall" is in a large, black, serif font at the bottom. In the bottom right corner, it says "BEGINNING JUNE 23RD" in a red, sans-serif font.

Goliath
Must
Fall
BEGINNING JUNE 23RD

REGIONAL PARTIES



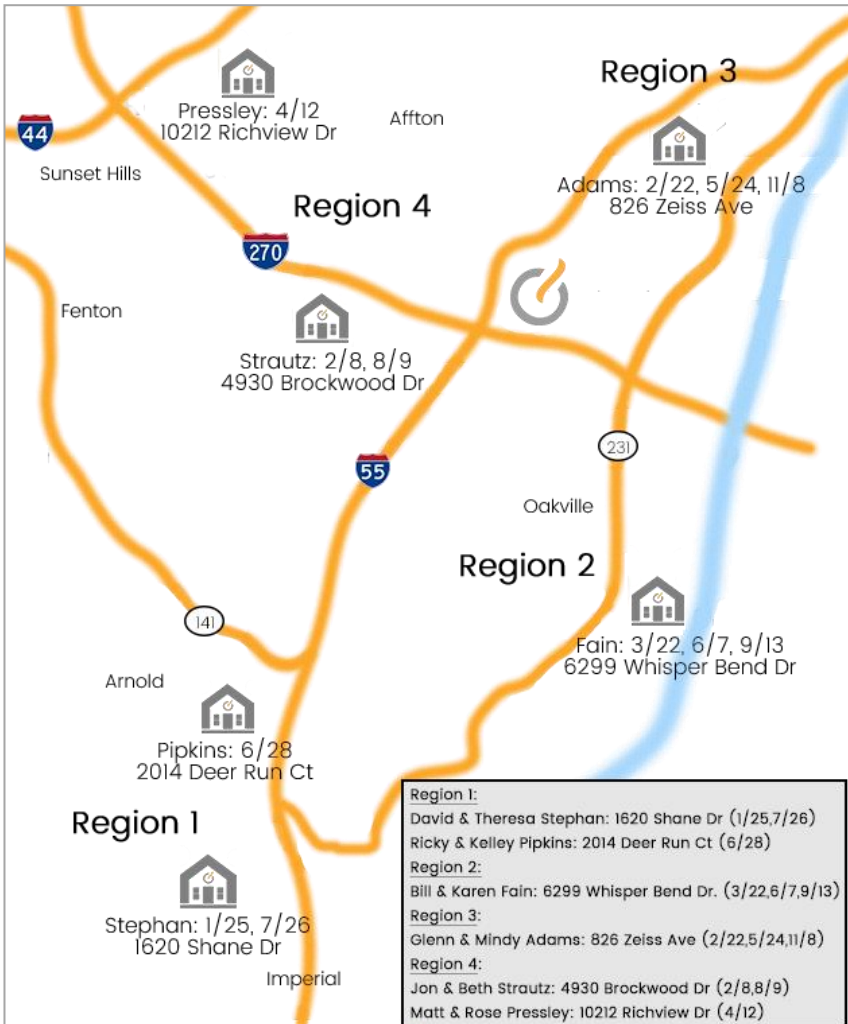
Get to know your GU neighbors with our Regional House Parties! See the map and schedule below to find your Region, host addresses and 2019 dates. Parties begin at 6:30 p.m. Bring a snack to share if able. If not, that's ok. Don't let that stop you from coming!

UPCOMING PARTIES:

Jun 28: Region 1 - Ricky & Kelley Pipkins

July 26: Region 1 - David & Theresa Stephan

Aug 9: Region 4 - Jon & Beth Strautz



Come and Become Part 6: Freedom From Anger

Anger is a powerful emotion with immense potential for impacting our life and surroundings.

I. Last week we established our problem. You were built for relationships, but Cultivated Anger Isolates.

- A. We established the difference between innocent anger and cultivated anger.
 - Kindling Fire vs. a Fire we add fuel to.
- B. There is a Progression to our Anger:
 - Cultivated Anger -Contemptuous Anger -Harming Anger

Matthew 5:21-22

- 21 "You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.'
- 22 But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Again, anyone who says to a brother or sister, 'Raca,' is answerable to the court. And anyone who says, 'You fool!' will be in danger of the fire of hell.

II. The first key to Freedom is Commitment to Extinguishing Cultivated Anger when we Recognize it.

A. The road to freedom starts between our ears.

2 Corinthians 10:3-5

- 3 For though we live in the world, we do not wage war as the world does.
- 4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds.
- 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

- B. The war of "Sinful Anger" vs "Jesus Like Love" is won or lost in what thoughts we allow ourselves to linger in.

Philippians 4:8

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

- C. We cannot control what people do to us. But we can control how we think about them.
 - "Bitterness is poison we drink hoping to hurt someone else."

Matthew 5:23-26

- 23 "Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you,
- 24 leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift.
- 25 "Settle matters quickly with your adversary who is taking you to court. Do it while you are still together on the way, or your adversary may hand you over to the judge, and the judge may hand you over to the officer, and you may be thrown into prison.
- 26 Truly I tell you, you will not get out until you have paid the last penny.

III. Followers of Jesus take personal Responsibility for Reconciliation.

- A. You have the God-given ability through Grace to put boards back in bridges that you didn't even remove!

2 Corinthians 5:18 says that we have been reconciled to Christ and now given the ministry of reconciliation.

Romans 12:18

If it is possible, as far as it depends on you, live at peace with everyone.

- B. To follow Jesus is to be active in rebuilding strained relational bridges to whatever degree is within our control.
- Most feelings eventually become mutual

IV. Our superpower works best when it is used quickly.

- A. The reason that Reconciliation should be urgent is that anger is progressive; it mutates and spreads.
- B. The more timely reconciliation is the less distance it has to cover.
- C. We can set CURRENTS of peace and kindness in motion, and those currents will help give birth to a different kind of tomorrow.

2019 PRAYPURSUEPARTY

JUNE

10 Youth Camp Week
16 Father's Day
17 Kids Camp Week
22 Men's Breakfast (Golden Corral)
26 Wednesday Night Experience
28 Regional House Party (Pipkins)
30 Elementary Move-up Day!
10,17,24 Food Addicts Anonymous

JULY

7 Healthcare Team Meeting
14 GUSudents Event/Friend Day
14 GU Kids Nerf Event
25 Men's Dinner (Concord Grill)
26 Regional House Party (Stephan)
1,8,15,22,29 Food Addicts Anonymous

* See graceunionstl.org or [Facebook.com/graceunionstl](https://www.facebook.com/graceunionstl) for details about these and other GU Events! *

WAYS TO CONNECT



SUNDAYS @ 10AM
Nursery-Elementary



PRAYER NEEDS
Email: gucprayer@gmail.com



SUNDAYS
Adults Group @ 9am



SUNDAYS (Middle School) @ 10:15
WEDNESDAYS (Gr 6-12) @ 6:30PM

WAYS TO GIVE



ENVELOPE
Offering/Giving Box



TEXT TO GIVE
314.888.5188
Tithe-Missions-Hub



ONLINE
graceunionstl.org

OUR STAFF IS HERE TO SERVE YOU

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