

Welcome

to



GraceUnion
CHURCH

Encountering Grace through Jesus, right where we are.
Being moved by Grace toward all God has for us.

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WELCOME TO GRACE UNION

Thank you for joining us today! If it's your first time with us, please stop by the Connect Center in the lobby for a free gift. We'd love to meet you.

GU News & Events

BOOK DISCUSSION - THIS Wednesday

Pastor Bob is leading a discussion group for the C.S. Lewis book *The Great Divorce* **THIS Wednesday, June 5th at 6:30 p.m.** *This is a one time meeting.



If you would like to learn more about the core beliefs of GU and what membership means, please stay with us after service next **Sunday, June 9th**. You aren't committing to anything by attending, but will have the opportunity.



You can still register for YOUTH CAMP! Camp is June 10-14, and registration is \$185. We will be meeting at church on the 10th at 7:30 a.m. See Caleb McFarland today, or you can contact him at macc0027@gmail.com. You can find out more about the Southern Missouri Youth camp at smymonline.org/youthcamp.



Celebrate with us on Father's Day! We'll have axe throwing in the parking lot before & after service and the annual DADLYMPICS with exciting, new games. The grand prize is 5 laps in a Formula One race car!



All men are invited to breakfast at Golden Corral, Saturday June 22nd at 8 a.m. Come out and enjoy good food and fellowship with other GUC men.

REGIONAL PARTIES



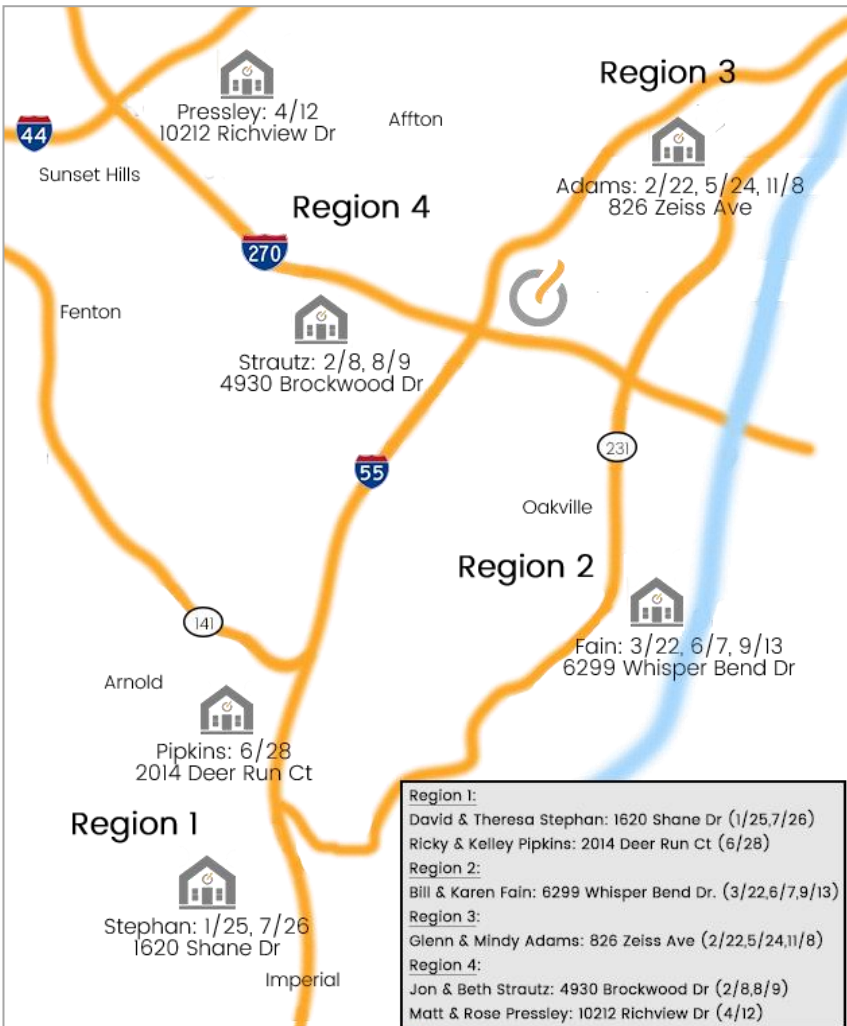
Get to know your GU neighbors with our Regional House Parties! See the map and schedule below to find your Region, host addresses and 2019 dates. Parties begin at 6:30 p.m. Bring a snack to share if able. If not, that's ok. Don't let that stop you from coming!

UPCOMING PARTIES:

Jun 7: Region 2 - Bill & Karen Fain

Jun 28: Region 1 - Ricky & Kelley Pipkins

July 26: Region 1 - David & Theresa Stephan



Come and Become Part 5: Cultivating Anger

We are Moral 0's in God's sight, but in spite of that, Jesus invites us to follow him and to be part of what God is doing in the world.

Matthew 5:21-22

- 21 "You have heard that it was said to the people long ago, 'You shall not murder, and anyone who murders will be subject to judgment.'
- 22 But I tell you that anyone who is angry with a brother or sister will be subject to judgment. Again, anyone who says to a brother or sister, 'Raca,' is answerable to the court. And anyone who says, 'You fool!' will be in danger of the fire of hell.

I. **"You have heard it said, but," is Jesus' way of saying most of us miss the point entirely.**

Matthew 22:37-40

- 37 Love the Lord your God with all your heart and with all your soul and with all your mind.'
- 38 This is the first and greatest commandment.
- 39 And the second is like it: 'Love your neighbor as yourself.'
- 40 All the Law and the Prophets hang on these two commandments."

John 13:34

A new command I give you: Love one another. As I have loved you, so you must love one another.

- A. So, not murdering is not our standard; **Loving others like Jesus loved us is our standard.**

II. **Cultivated Anger is Antithetical to "Jesus-like" Love.**

- A. Jesus condemned Cultivated Anger.

III. **Jesus warned us about the Progression of Cultivated Anger.**

- A. While there are negative impacts of anger, there are also components of anger we sometimes feed on:
 1. Anger produces adrenaline.
 2. Anger offers us a stool of superiority over those we are angry with.
 3. Anger can provide opportunity for us to feel the self pity of a victim.

IV. **Cultivated Anger grows and Mutates.**

- A. *Level 1*: Cultivated Anger. It doesn't hate, but it nurses grudges.

B. *Level 2: Contempt*

Dallas Willard: "To belong is a vital need based in the spiritual nature of the human being, contempt spits on this pathetically deep need."

William Barclay: "There is no sin quite so unchristian as the sin of contempt. There is a contempt which comes from pride of birth, and snobbery is in truth an ugly thing. There is a contempt which comes from position and from money, and pride in material things is also an ugly thing. There is a contempt which comes from knowledge, and of all snobberies intellectual snobbery is the hardest to understand...We should never look with contempt on any man for whom Christ died."

- Contempt is a Lying Demon from Hell that whispers to us about how silly, stupid, or otherwise lesser, others are; and how smart or right we are.

B. *Level 3: Harm. At this level we want people to suffer.*

- At the harm level, it is no longer just that I don't see your value; now, you **HAVE** no value, and my anger gives me license to damage you.

V. **Anger Isolates us from the Love we need.**

A. Over time, Cultivated Anger removes the boards from the bridges connecting us to others.

B. One danger of cultivated anger is that you eventually become acclimated to it.

C. **But God wants so much more for you than that kind of living.**

- The Majority of all the Blessing God plans to deliver to you will need to come across the bridges of human relationship.
- And there is so much **VALUE** in you that God desires to share with the world around you, but those bridges are essential to that.

VI. **So what should we do?**

A. *First*: Recognize Cultivated Anger.

B. *Next*: Don't **CONDEMN** yourself.

Romans 8:1 - there is no condemnation for those in Christ Jesus

C. *Finally, Repent*: Start moving in the other direction

2019 PRAYPURSUEPARTY

JUNE

- 5 *The Great Divorce* Discussion
- 7 Regional House Party (Fain)
- 9 Membership Meeting
- 10 Youth Camp Week
- 16 Father's Day
- 17 Kids Camp Week
- 22 Men's Breakfast (Golden Corral)
- 26 Wednesday Night Experience
- 3,7,10,24 Food Addicts Anonymous

JULY

- 7 Healthcare Team Meeting
- 14 GUSstudents Event/Friend Day
- 25 Men's Dinner
- 26 Regional House Party (Stephan)
- 1,8,15,22,29 Food Addicts Anonymous

* See graceunionstl.org or [Facebook.com/graceunionstl](https://www.facebook.com/graceunionstl) for details about these and other GU Events! *

WAYS TO CONNECT



SUNDAYS @ 10AM
Nursery-Elementary



PRAYER NEEDS
Email: gucprayer@gmail.com



SUNDAYS
Adults Group @ 9am



SUNDAYS (Middle School) @ 10:15
WEDNESDAYS (Gr 6-12) @ 6:30PM

WAYS TO GIVE



ENVELOPE
Offering/Giving Box



TEXT TO GIVE
314.888.5188
Tithe-Missions-Hub



ONLINE
graceunionstl.org

OUR STAFF IS HERE TO SERVE YOU

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